

## **The patients oral hygiene habits treated at Thoracic Surgery Ward**

*Gutaj Ada , Dabrowska Zofia*

*Medical University of Bialystok, Bialystok*

*Tutor(-s) – MD, Professor **Dąbrowska Ewa**, Medical University of Bialystok, Bialystok*

### **Introduction**

The oral health awareness is very important in daily life. It is interesting if the oral hygiene is appropriate kept by patients in hospital.

### **Aim**

The research was made to exposure oral hygiene habits and pro-health awareness by patients at Thoracic Surgery Ward.

### **Materials and methods**

The self made survey was carried at University Clinic of Thoracic Surgery in Białystok. The research included 70 patients. The main issues in survey included patients medical history, addictions, alcohol, smoking, oral habits, main dental problems and frequency of dental visits. Furthermore the oral mouth examination of dental plaque, teeth status or prosthetics was made with natural light.

### **Results**

The self made survey was carried at University Clinic of Thoracic Surgery in Białystok. The research included 70 patients. The main issues in survey included patients medical history, addictions, alcohol, smoking, oral habits, main dental problems and frequency of dental visits. Furthermore the oral mouth examination of dental plaque, teeth status or prosthetics was made with natural light.

### **Conclusions**

The research has shown that there was no satisfying level of pro health awareness and hygiene habits in studied patients. Therefore there is a need of the hygiene education among patients.