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**INFLUENCE OF MUSIC ON A HUMAN BODY**  
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Since ancient times it was known that music can help people to return strength and even cure them of some illnesses. Great scientists of antiquity such as Pythagoras, Aristotle, and Plato paid attention to the miracle and medical power of music. Nowadays scientists proved beneficial influence of music on the central nervous system, blood circulation, breathing and gas exchange.

All processes in the world happen on the basis of information exchange. The human body also works because of exchange processes between cells through electromagnetic and acoustic waves. Come to think of it, each part of our body, even each separate cell, has its own frequency as well as music has. It should be mentioned that due to the difference between music's frequency and frequency of tissue cells some fluctuations of our body can become worse. But what kind of music can help us to normalize the work of our organs? How does music influence at the biochemical, physical and mental levels? How can music help people to improve their abilities to reach new information? And is it really true?

To the above issues is devoted the present report, covering the scope of potential influences and effects of various kinds of music on human body.