

Childhood aggression features and their development

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Introduction

Aggression and hostility in children present one of the most challenging issues of modern psychological studies. The factors that provoke the development of the conditions are studied are of a particular importance since they contribute to overall well-being. The problem of aggression and hostility occupies one of the leading positions for researchers. Only in the last 10 years, the general level of aggression has risen from 39% to 69% in general population. Aggression is motivated destructive behavior that contradicts the norms of human interaction, which harms the objects of attack, causing physical, moral damage to people or causing them psychological discomfort.

Aim of the study

The aim of the study was to assess aggression and preschool and school age children, to investigate the influence of home environment and parental relationships on the development of aggressive behavior in children, as well as to develop practical recommendation and copying strategies to prevent aggressive behavior.

Materials and methods

Material and methods. To assess aggression development factors we conducted an experiment. The group of study included 20 children from 6 to 8 years old. We showed them two animated films: the national cartoon film "Neznaika on the Moon" and the foreign cartoon series «SpongeBob Square Pants." The children exhibited little or no reaction watching the first cartoon, while watching the second one caused very rough reaction. The children began talking, laughing loudly, trying to copy the aggressive behavior of the characters. Hypnoid state severely limits the perception and processing of information, but enhances the processes of its imprinting and programming behavior. This is well used by various programs on TV, which are of an aggressive nature (talk shows, criminal programs). No one can guarantee that the child will never watch inappropriate scenes.

Results

In aggressive children the alertness to violent forms of behavior is positive, while other children have the opposite attitude. Aggressive children are confident in their ability to effectively use aggressive behaviors and achieve success. Both social environment of the child and their personal interests influence the development of aggressive behavior.

Conclusion

Destructive aggression should be punished. However, total exclusion of aggression from the life of a child is not the right decision. A certain dose of constructive aggression is necessary to achieve the set goals, to defend the position.