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**QUALITY OF LIFE AND LIFE HABITS RELATED TO DENTAL HEALTH  
AMONG DENTAL AND GENERAL MEDICINE STUDENTS 20-24 YEARS OLD**

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**Relevance.** Oral health means more than ‘good health’. It is integral to general health, essential for social status and wellbeing and determine the quality of life. It allows you to freely speak, chew eat, taste.

**Aim:** To investigate the quality of life and life habits related to dental health among 20-24 years old dental and general medicine students.

**Materials and methods.** Analytical epidemiological study have been made for 40 dental students (73% males) and 40 general medicine students (51% males) aged 20-24 in BSMU. Student completed questionnaires consist of 2 parts. First part was social-demographic characteristic and second part was about dental health habits, quality of life and life habits. The outcome compares the level of oral habits, the differences in dental health and life habits between dental and general medicine students. It was measured by multiple choice questionnaire.

**Results and their discussion.** At first, 62.33% of dental students last appointment with dentist was within the past 6 months, while this number was 12.33% for general medicine students. So the visit within last 6 months for dental students was 49.97% more in comparison with general medicine students. 9.8% of dental students indicated that they use their teeth as a tool while 54.6% of general medicine students chose “YES” for this question. So the difference between two groups was 44.8%. 94.33% of dental students brush their teeth for 2-3 minutes and all of them regularly brush their tongue and 61.66% of them use appropriate toothbrush.

**Conclusion:** dental students have more healthy dental habits and are more careful with their dental health, obviously they’ve been more educated about the consequences and how to take care of their oral health in comparison with general medicine students. Dental students visit the dentist regularly and care about their dental health and the people who are in contact with them. In contrast, general medicine students don’t pay much attention and don’t regularly visit the dentist and due to that they have more problems such as pain, discomfort, gum bleeding than dental students.