МИНИСТЕРСТВО ЗДРАВООХРАНЕНИЯ РЕСПУБЛИКИ БЕЛАРУСЬ БЕЛОРУССКИЙ ГОСУДАРСТВЕННЫЙ МЕДИЦИНСКИЙ УНИВЕРСИТЕТ КАФЕДРА ИНОСТРАННЫХ ЯЗЫКОВ

М. Н. ПЕТРОВА, Е. Г. БЖОСКО

ЧЕЛОВЕК И ОКРУЖАЮЩАЯ СРЕДА

MAN AND ENVIRONMENT

Учебно-методическое пособие



Минск БГМУ 2011

УДК 614.87(811.111) (075.8) ББК 20.1 (81.2 Англ-923) П30

Рекомендовано Научно-методическим советом университета в качестве учебно-методического пособия 23.02.2011 г., протокол № 6

Рецензенты: ст. преп. Г. В. Митерева; ст. преп. Т. Г. Новицкая

Петрова, М. Н.

П30 Человек и окружающая среда = Man and environment : учеб.-метод. пособие / М. Н. Петрова, Е. Г. Бжоско. – Минск : БГМУ, 2011. – 28 с.

ISBN 978-985-528-364-6.

Издание знакомит с наиболее актуальными экологическими проблемами, их влиянием на здоровье человека, а также мерами по улучшению и охране окружающей среды. Комплекс упражнений дает возможность обучающимся овладеть необходимыми речевыми навыками и умениями, обеспечивающими подготовку сообщения и ведение беседы по указанной тематике.

Предназначено для студентов, продолжающих изучение английского языка, а также для аспирантов, соискателей и научных работников, совершенствующих свой английский язык.

УДК 614.87(811.111) (075.8) ББК 20.1 (81.2 Англ-923)

Учебное издание

Петрова Марина Николаевна **Бжоско** Елизавета Геннальевна

ЧЕЛОВЕК И ОКРУЖАЮЩАЯ СРЕДА MAN AND ENVIRONMENT

Учебно-методическое пособие на английском языке

Ответственная за выпуск М. Н. Петрова В авторской редакции Компьютерный набор Е. Н. Дубковой Компьютерная верстка Н. М. Федорцовой

Подписано в печать 25.02.11. Формат 60×84/16. Бумага писчая «Кюм Люкс». Печать офсетная. Гарнитура «Times». Усл. печ. л. 1,63. Уч.-изд. л. 1,35. Тираж 99 экз. Заказ 236.

Издатель и полиграфическое исполнение:

учреждение образования «Белорусский государственный медицинский университет». ЛИ № 02330/0494330 от 16.03.2009.

ЛП № 02330/0150484 от 25.02.2009.

Ул. Ленинградская, 6, 220006, Минск.

ISBN 978-985-528-364-6

© Оформление. Белорусский государственный медицинский университет, 2011

Предисловие

Учебно-методическое пособие «Человек и окружающая среда» направлено на развитие и совершенствование навыков устной речи на английском языке на основе аутентичных материалов по данной теме.

В основу отбора и структурирования учебного материала, используемого в пособии, заложены принципы практикоориентированности, взаимосвязанного обучения основным видам иноязычной речевой деятельности, моделирования, вариативности и проблемности.

Пособие имеет следующую структуру:

- Language focus;
- Reading and comprehension tasks;
- Follow up activities;
- Discussion;
- Role playing.

Организация материала предусматривает последовательное формирование речевых умений от первичных навыков употребления лексических единиц до ситуативных упражнений творческого характера, подготавливающих обучающихся к спонтанной диалогический и монологической речи.

Активное использование усвоенного языкового материала в различных игровых ситуациях, дискуссиях, в работе над проектами потребует от обучающихся творческого подхода, воображения, навыков аргументации своего мнения, презентации новых идей.

Man and environment

Text A

1. Learn the meaning of the following words:

	.			
environment	[ın'vaıərənment]	окружающая среда		
resources		ресурсы		
essential	[ı'sen∫əl]	существенный, важный		
breathtaking	['breθteikiŋ]	захватывающий, потрясающий,		
		поразительный		
breakthrough		прорыв		
vistas	[vistəz]	перспективы		
benefit		польза, выгода, преимущество		
pace		скорость, темп		
mankind	[mæn'kaind]	человечество		
hazard/danger	[hæzəd]	опасность		
concern	[kən'sə:n]	забота, озабоченность, беспокойство		
consumption	[kən's∧mp∫ən]	потребление		
rubbish		мусор		
wastes		отходы		
petrol	[petr(ə)l]	бензин		
coal	[koəl]	уголь		
sewage	[sju:1d 3]	сточные воды, канализация		
fertilizer	['fə:tılaızə]	удобрение		
safety		безопасность		
vehicle	[vi:1kl]	транспортное средство		
fuel	[fju:əl]	топливо		
harm		вред, вредить		
damage	['dæmıd3]	повреждать		
exposure	[ıks'pouʒə]	действие, подверженность действию		
threat	[θret]	угроза		
extinction	[ıks′tiŋk∫ən]	исчезновение		
species	[s′pi:∫i:z]	вид (виды)		
efforts	['efəts]	усилия		
measures	[′me ʒ əz]	меры		
interaction		взаимодействие		
impact		влияние		
consequence	['konsıkwəns]	последствие		

drought	[draut]	засуха		
flood	[fl^d]	наводнение		
estimate (n)	['estɪmət]	оценка		
estimate (v)	['estimeit]	оценивать, производить подсчет		
interfere	[ıntəˈfɪə]	вмешиваться		
bring about		вызывать		
cause		вызывать		
increase (v)	[ın'kri:s]	увеличивать		
increase (n)	['ınkrıs]	возрастание, увеличение		
pollute	[pə'lu:t]	загрязнять		
release		выделять		
dump=throw away		сбрасывать, выбрасывать		
dispose of		избавиться от		
disposal site		место свалки		
influence		влиять		
result in		приводить к чему-либо		
result from		происходить, возникать в результате		
		чего-либо		
affect	[əˈfekt]	оказывать влияние, воздействие		
combustion	[kəm′b∧st∫(ə)n]	сжигание, горение		
leak	[li:k]	пропускать, просачиваться		
realize		осознавать, понимать		
require	[rıkwaıə]	требовать		
protect		охранять, защищать		
promote		способствовать, поддерживать		
encourage	[ın'k/\rıdz]	поощрять, поддерживать		
recycle	[ri:saɪkl]	перерабатывать		

2. Make sure you know the meaning of the following word combinations:

be aware of smth	[əˈweə]	быть осведомленным, знать
provide smb with smth		обеспечивать кого-либо чем-либо
be fraught with smth	[fro:t]	быть чреватым чем-либо
car exhaust fumes	[1qzo:st]	автомобильные выхлопные газы
be responsible for smth		отвечать за что-либо
take care of smth	[keə]	заботиться о чем-либо
make progress		делать успехи
be aimed at smth		быть нацеленным/направленным на

	что-либо	
hold conferences	проводить конференции	
attract/draw attention	привлекать внимание	
contribute to smth	th способствовать чему-либо	
environmentally friendly дружественный по отношению		
life style	к окружающей среде образ жизни	
waste treatment plants	заводы по переработке отходов	

Read the text and say what environmental problems cause people's great concern nowadays:

MAN AND ENVIRONMENT

Since ancient time nature has served man giving him everything he needs: air to breathe, food to eat, water to drink, wood for building homes and fuel for heating. For thousands of years people lived in harmony with nature and were aware of its importance. It seemed to them that the natural resources had no limit.

However, with the development of science and technology man's careless interference in nature began to increase. Of course, scientific learning and technological process make our life easier and are essential for improving the quality of life and better living standards. The pace of scientific and technological progress is breathtaking. There are more and more «breakthroughs» and technological innovations in various spheres



of human activities. Science and engineering open new vistas for the development of modern civilization which provides mankind with many benefits.

However, every medal has its reverse. So, modern civilization can not only benefit people but can also be a source of mortal danger. Man's careless activities have adversely affected the environment and are sometimes fraught with fatal consequences. According to certain estimates about 40 % of diseases throughout the world are caused by environmental factors.

The rapid scientific progress has brought about a number of problems. Currently, the matters of people's greatest concern are:

- air, water and noise pollution;
- acid rains (rain containing dangerous chemicals);
- greenhouse effect and global warming;

- the destruction of the ozone layer (a layer of gases which stop harmful radiation from the sun reaching the earth; recent research shows that there are now holes in parts of the ozone layer);
 - safety of the atomic power stations.



Today the contradictions between man and nature have dramatically increased. Industrialisation and globalisation are accompanied by a dramatic increase in the consumption of energy and raw materials and in the output of pollutants and industrial wastes. There are several kinds of environmental pollution: air pollution, water pollution, soil pollution, and pollution

caused by solid wastes, noise and radiation.

People cause air pollution both outdoors and indoors. Outdoor air pollution is caused by millions of chimneys, cars, buses and trucks which release harmful substances into the atmosphere all over the world poisoning everything: air, land, water, birds and animals. In big cities the level of air pollution is especially high because of car exhaust fumes and smoke from factories. More than 100 various harmful substances may be identified in the atmosphere. Besides, the mixture of industrial dust, dangerous chemicals and gases may be carried away by the wind for hundreds of kilometers and returns back to the earth in the form of acid rains which cause great damage to the plant and animal life.

Indoor air pollution results from many of the same substances found outdoors. But indoor pollutants can present a more serious problem because they build up in a small area from which they cannot easily escape. Cigarette smoke is a familiar indoor air pollutant. Any kind of air pollution influences people's health in the most unfavourable way and decreases their resistance to different diseases.

Most air pollution results from combustion (burning) processes. The burning of petrol to power motor vehicles and the burning of coal to heat buildings and help manufacture products are examples of such processes. Each time a fuel is burned in a combustion process, some type of pollutant is released into the air.

Air pollutants can also damage the earth's upper atmosphere. From about 20 to 50 kilometres above the earth is a layer of the gas ozone (a form of oxygen). This ozone layer helps to protect people, animals and plants from the sun's harmful ultraviolet (UV) rays. Chemical pollutants known as

chlorofluorocarbons (CFCs) damage this layer. CFCs are found in refrigeration fluids, are widely used in industrial processes and in some aerosol cans/sprays.



Water pollution reduces the amount of pure, fresh water that is available for drinking and cleaning, and for such activities as swimming and fishing. The pollutants that affect water come mainly from industries, farms, and sewage systems. Industries dump huge amounts of wastes and chemicals into water each year. Some of these wastes may be hazardous. Industries also dispose of hazardous waste in disposal sites on land. But improperly-managed sites may leak the wastes into underground water that people use. Wastes from farms include fertilizers and pesticides. Sewage systems carry wastes from homes, offices, and industries into water. Nearly all cities have

waste treatment plants that remove some of the most harmful wastes from sewage. But even the most treated sewage contains substances that harm water.

The greenhouse effect is another topical problem. Normally, heat from the sun warms the earth and then escapes back into space. But carbon dioxide and other gases accumulated in the atmosphere trap the sun's heat and act like the glass in a greenhouse: they allow heat to get in, but they don't allow much heat to get out. Thus, the atmosphere becomes warmer because less heat can escape. Human activities lead to the enhancement of the greenhouse effect. An enhanced green-house effect is expected to bring about the effect of global warming which may result in ecological problems and disasters. Scientists say the temperature of the earth could rise by 3 °C over the next 50 years. This may cause droughts in some parts of the world and floods in others.

It is absolutely evident that the pollution of the environment, the destruction of ecosystems as well as the extinction of many species of plants and animals have now reached threatening proportions. We now agree that scientific and technological progress is not always beneficial. The power man derives from such progress should be used wisely otherwise it will cause irreparable damage.

Today many scientists and world leaders realize that the Earth is in danger. All the problems concerning the interaction of man and nature are of international



importance. They can and must be solved by the efforts of all the countries and communities. Effective measures require global efforts and participation. Nature protection is everyone's concern and we are all responsible for taking care of our environment to save it for the sake of the future generations. Some

progress has already been made. The ecological movement has gained support worldwide for international cooperation in this field serves the interests of the whole mankind.

The 5th of June is proclaimed the World Environmental Day by the United Nations Organization and celebrated every year. The activities of many public organizations and «green» parties are aimed at nature protection (conservation). They hold conferences attracting public attention to ecological problems, broaden ecological education of the population, open environmental research centers, promote recycling, declare a war on waste. Each of us must also contribute to the protection of the environment. The best way to do it is not to leave rubbish behind when we have picnics, to save energy and paper, recycle different objects, encourage and develop environmentally friendly lifestyle and business practices.

1. LANGUAGE FOCUS

1.1. Fill in the gaps with the proper words:

1.	layer	6.	effect
2.	rain	7	natural or human
3.	wastes	8.	movement
4.	global	9.	nuclear
5.	fumes	10.	air

1.2. Complete these word-building tables:

Noun	Verb
waste	
	protect
	destroy
pollution	
damage	

Noun	Adjective
hazard	
environment	
harm	
danger	
	safe
disaster	

1.3. Match the following words with their definitions:

1.	to cause	a)	to make impure or unfit for use	
2.	to release	b)	to influence	
3.	to pollute	c)	to bring about	
4.	to affect	d)	to discharge, to free	
5.	to improve	e)	a material that is used for producing heat or	
			power by burning	
6.	benefit	f)	a matter of importance to someone	
7.	to dump	g)	to make better	

8.	damage	h)	advantage
9.	fuel	i)	to throw away
10.	concern	i)	harm

1.4. Complete the definitions:

- 1. Conservation is the protection of natural things, e. g. and
- 2. The ozone layer is a layer of gases that protect
- - 4. CFCs are chemicals which
 - 5. Acid rain is rain that contains

1.5. Match the words in A with appropriate ending from B:

A		В		
1.	include	a)	health	
2.	damage	b)	the layer	
3.	harm	c)	a serious problem	
4.	cause	d)	pollution	
5.	present	e)	plants and animals	
6.	protect	f)	combustion	
7.	power	g)	water	
8.	remove	h)	harmful wastes	
9.	result from	i)	fertilizers and pesticides	
10.	affect	j)	motor vehicles	

1.6. Complete the paragraph using appropriate derivatives of the words given on the right:

The of fuel and other polluting	burn
are increasing the amount of heat in	active
the atmosphere. This may intensify	develop
the greenhouse effect, average	cause
temperatures to rise. The increased of	concentrate
greenhouse gases in the atmosphere may lead	
to warming with consequences.	globe, disaster

1.7. Fill in the necessary prepositions:

- 1. People are aware the threat of the ozone layer destruction.
- 2. Outdoor air pollution results car exhaust fumes and smoke from factories.
- 3. The growing concentration of carbon dioxide in the atmosphere results the greenhouse effect.

- 4. The change of the temperature balance of our planet may be fraught serious consequences.
 - 5. Scientists draw our attention the problem of growing noise.
 - 6. This project is aimed saving energy.

1.8. Fill in the correct word from the box:

weather	exhaust	on	greenhouse	recyclin	ng fuel
resour	rces env	ironment	al atmos	phere e	nergy

Save it!

1.9. Translate the Russian fragments into English:

- 1. What can we do to reduce the (загрязнение) of the atmosphere?
- 2. The change in the climate has produced (разрушающие) effects.
- 3. Many rare species are threatened with (исчезновение).
- 4. Many of the gases produced by factories are (вредны) to our health.
- 5. Protecting the environment is essential to our (выживание).
- 6. The (охрана) of the environment is everyone's responsibility.
- 7. Car exhaust fumes have (повреждающий) effects on the environment.

2. READING AND COMPREHENSION TASKS

2.1. Mark the statements below as true (T) or false (F). Correct the false statements, using the following phrases:

To my mind I	totally agree	In my opinion (view)
It seems to me that	I can't agree	As far as I know

- 1. Air pollution harms people's health, kills plants and damages property.
- 2. Most air pollution results from combustion processes.
- 3. Air pollutants improve the earth's upper atmosphere.
- 4. The ozone layer does not help to protect animals and plants.

- 5. People cause air pollution only indoors.
- 6. Chlorofluorocarbons protect the ozone layer.
- 7. Air pollutants affect the climate.
- 8. Some gases, including carbon dioxide, reduce the greenhouse effect.
- 9. Industries dump small amounts of wastes into water each year.
- 10. Sewage systems carry wastes from homes, offices and industries into water.
- 11. Cutting down tropical rainforests increases the amount of carbon dioxide in the atmosphere.
 - 12. «Greens» believe in conservation.

2.2. Answer the following questions:

- 1. Why do ecologists say the Earth is in danger?
- 2. Environmental changes are the consequences of civilization development, aren't they?
 - 3. What are the benefits of technology development?
 - 4. What are its disadvantages?
 - 5. What are the most topical ecological problems nowadays?
 - 6. What kinds of environmental pollution do you know?
 - 7. Is air pollution dangerous? Why?
 - 8. What is the most common form of outdoor air pollution?
 - 9. What examples of combustion processes do you know?
 - 10. What role do motor vehicles and factories play in air pollution?
 - 11. What is the ozone layer? What is it for?
 - 12. What can cause changes in the average temperatures of an area?
 - 13. What is the greenhouse effect?
 - 14. Where do water pollutants come from?
 - 15. What do wastes from farms include?
 - 16. What are waste treatment plants intended for?
- 17. What do «green» parties and organizations do for environmental protection.
 - 18. What can you personally do to improve the environment?

2.3. Fill in the gaps with the appropriate word from the list:

damage	car exhaust fumes
reduce	threat
acid rain	polluting
conservation	electricity

- 1. New laws have been introduced to stop factories ... the atmosphere.
- 2. Harmful chemicals are released into the air and mix with the water in clouds to produce

- 3. Acid rain causes great ... to the plant and animal life.
- 4. Governments force power stations to ... the amount of poisonous fumes that they release into the atmosphere.
 - 5. We can help by using less
- 6. If we used public transport more often, the atmosphere wouldn't be so polluted by
 - 7. If we all make an effort, we can help to decrease the ... of acid rain.
 - 8. ... groups try to protect animals and the places where they live.

2.4. Read the descriptions and match them with the problems listed:

Problems: litter, urban sprawl, deforestation, acid rain, water contamination, destruction of the ozone layer.

A.	Animals are losing their habitats as	
	growing cities cause the countryside	
	to disappear.	
В.	Factories and cars release poisonous	
	chemicals into the air. The chemicals	
	mix with the water in the clouds, and	
	the polluted rain which later falls	
	damages trees, lakes and buildings.	
C.	Chemicals from aerosol sprays and	
	fridges are going up into the	
	atmosphere. More and more people	
	are getting skin cancer.	
D.	Forests are disappearing as trees are	
	burnt or cut down. Less and less	
	oxygen is being produced.	
E.	Our society is producing too much	
	packaging and food waste which are	
	dropped in the streets or end up on	
	the rubbish tip; diseases spread more	
	easily.	
F.	Dangerous chemicals from factories	
	are poured into oceans, rivers and	
	streams, killing fish.	

2.5. Read the text and say:

- what hazardous pollutants may be found inside our homes;
- why they are dangerous;
- what contributes to increasing indoor air pollution;
- why indoor pollutants may reach life-threatening levels;
- what medical authorities recommend to improve the situation.

Can your house be dangerous?

Exposure to air pollution may be ten times greater inside your home than outdoors, according to an American survey. In a study of the air in 40 average households, it found many hazardous pollutants such as formaldehyde, carbon monoxide, carbon dioxide, sulphur dioxide, chloroform, smoke and others. Potential medical problems associated with inhaling some of these substances over a long period include allergic reactions, cancer, and birth defects.

Indoor air pollution has increased significantly with the changes in building materials and construction methods, and also with the growing use of house-cleaning and beauty-care products. Contributors to pollution include aerosols, and even emissions from recently dry-cleaned fabrics.

Aggravating the problem are tightly built, super-insulated houses. So little fresh air enters some houses and so little stale air escapes that indoor pollutants accumulate and sometimes can reach health-threatening levels. Many medical authorities now recommend that people living in well-sealed houses install controlled ventilation systems that can monitor and upgrade indoor air.

2.6. If we want to look after the environment, there are certain things we should and shouldn't do. Complete these two lists in suitable ways:

We should	We shouldn't
	paper, bottles and clothes
more trees	the ozone layer
water and energy	tropical rainforests
environmentally friendly life style	raw materials

3. FOLLOW UP ACTIVITIES

3.1. Read the following texts and answer the questions:

- 1. Why has a significant proportion of rainforests disappeared in the last 80 years?
 - 2. What consequences may deforestation result in?
 - 3. What kind of energy will replace coal, gas and oil in the future?
 - 4. How can we solve pollution problems like acid rain?



Rainforests

Before 1900, rainforests covered 14 % of the world's surface. Today they cover 7 %. The reason for this is simple. They have been cut down to provide (a) land (b) paper (c) wood (d) medicines (e) minerals (f) fuel. But it's not only trees which are disappearing. Every rainforest also contains millions of animals, insects and flowers. These are

destroyed, too. If man continues to cut down rainforests, more than one million species of plants and animals will become extinct by the year 2030.

Energy

At the moment, 94 % of the world's energy comes from fossil fuels. There's enough coal for the next 300 years, but only enough gas and oil for the next 50. What happens then? Well, one answer is nuclear energy. But after the Chernobyl disaster in 1986, many people think nuclear power isn't safe. Another solution is the use of (a) wind energy (Britain's first wind farm opened in Scotland in 1988) and (b) solar energy.

Acid Rain

One of Europe's and North America's most serious pollution problems is acid rain. What happens is this. First, factories send gases and chemicals into the air. There they mix and are carried for hundreds of miles by the wind. Finally, they fall back to earth when it rains. This acid rain kills fish and trees. It slowly destroys buildings too.



Therefore, industrial countries should strictly control their levels of pollution.

3.2. Read the text and give answers to the questions that follow:

In the world today the rubbish is piling up. In Britain alone, 16–20 million tons of rubbish are thrown away every year. However, space is running out and in some cases so are many natural resources. In this case governments and environmentalists worldwide have to turn to the option of recycling.

Unfortunately not all rubbish can rot* away to nothing. Natural material such as food and most paper products will break down over a period of time, but other products such as glass, metals and plastics may never break down. So reusing these things in a different form becomes essential. This is possible due to recycling which means the system of treatment* of the products that have already been used so that they are fit to use again.

Paper

Nearly a third of all our household rubbish is paper. And this paper that is thrown away is surprisingly difficult to break down; even in a warm damp environment it can take three months. In a dry environment the breakdown process of paper will take much longer. Newspapers thrown away can take years to break down.

Metals

Some metals, such as tin may eventually rust away, but this is a long process taking up to ten years or more. Drinks cans are made of aluminium

which will never rust* or decay. Every year 135.000 tons of drinks cans are thrown away in England. Around half of all soft drinks and beer cans are recycled, the main reason being that it is cheaper to recycle aluminium than it is to make it.

Food Waste

Food remains can normally be broken down quite quickly. However, the environmental conditions have to be favourable for this breakdown. Perhaps the best way of recycling food waste is to form a compost heap with it, allowing the remains to decompose and later using it as a natural fertilizer for the garden.

Plastics

Plastics are popular as they last a long time. This fact alone makes them difficult to break down. Hundreds of millions of tons of many different types of plastics are produced worldwide each year. Even though new types of recyclable plastic are being produced, plastic cannot break down completely. However, advancements are being made into recycling plastics to be used for building materials.

Glass

Glass does not break down. Indeed archaeologists have found glass dating back to 2000 BC. The only way to get rid of glass is to recycle it. Making glass from sand uses a little more energy than recycling does.

Notes:

rot — гнить;

treatment — putting (a substance) through a chemical or industrial action in order to change in some way;

rust — ржаветь.

- 1. What is recycling?
- 2. Why is recycling important today?
- 3. How long does paper take to break down?
- 4. Why do people recycle aluminium?
- 5. How long does it take for metals to break down?
- 6. Is food waste easy to recycle?
- 7. What is the best way of recycling food waste?
- 8. Why is plastic difficult to recycle?
- 9. Why is it necessary to recycle glass?

3.3. Fill in the gaps with one of the words from the list below:

throw	recycled	rain	protect	recycling
natural	compost heap	waste	industry	fertilizer

How people can help with recycling	How	people	can	help	with	recycling
------------------------------------	-----	--------	-----	------	------	-----------

As inhabitants of the earth we all have a duty to 1) the
environment. Together we can save endangered species and the 2)
forests. We should contribute to environmental protection by finding new ways
of using products we 3) away. Nowadays recycling is an 4)
As the world's 5) resources run out, manufacturers must find ways
of reusing products.

What can we do to help our environment?

- a) We can sort our 6) by separating it and then taking it to the appropriate 7) bins.
 - b) We can reuse things such as jars and envelopes.
 - c) We can buy 8) products like stationery.
- d) We can transform our waste food into a 9) which we may use as 10) for our gardens later.

3.4. Read the text about recycling and fill in the topic sentences given below:

- a. Many people argue that the actual process of collecting and recycling materials is expensive and unnecessary.
- b. To start with, it is very important for people to realise the damage that our rubbish is doing to the environment.
- c. Another important reason is that many forests are being destroyed due to paper being wasted.

Recycling — How Important Is It Really?

Saving certain recyclable materials and taking them to recycling centres has become part of the daily routine in many homes. In my opinion, this should be encouraged for a number or reasons.

Our towns, rivers and seas are becoming more and more polluted
with household waste. This could easily be prevented if people
took the time to sort, save and recycle their rubbish.
Hundreds of thousands of trees are unnecessarily cut down to
make paper products. Again, by recycling the paper that we would
otherwise throw away we could reduce this wastage.
They say that special machinery is required and that many people
have to be employed to operate it, thus making recycling more
expensive than simple waste disposal. They forget, however, that
recycling both creates jobs and is beneficial to the environment.

All points considered, I strongly believe that people should be made aware of the benefits recycling can bring, and should be encouraged to participate in programmes that will help create a cleaner world for everyone in the future.

3.5. Read the text and say what you think of the pessimistic forecast. Should we be so pessimistic? If not, give your counter-arguments.

A Pessimist's View of the World in the Year 2020

Man over the years has exploited the Earth to such extent that he cannot survive much longer without some form of radical change. He has drained of the Earth, his home, most of its natural resources: oil, coal and many minerals, and what is left can only have a short life span.

In search for food he has poisoned the land with chemicals. The result is disastrous for wildlife and eventually mother nature must retaliate and wage war on man. Soils have been maltreated and it will take years to return to their former strength.

There is no way back! The damage has been done. Our Earth which once wore a gay and laughing face is now rapidly becoming an empty, rattling, decaying skull.

3.6. Look at the following statements about the future. Decide which of them are optimistic and which are pessimistic:

Cities in the future will have many parks and green areas.

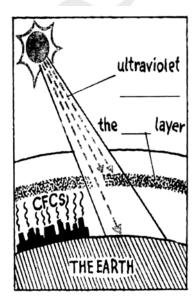
People will stop driving cars and use more trains and bicycles to save energy.

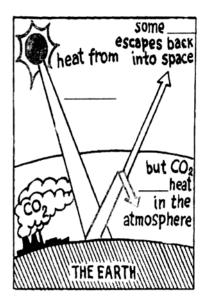
The arctic zones will increase and cover the earth with ice.

The earthquakes and volcanoes will destroy thousands of people and communities in Asia.

People all over the world will stop fighting.

3.7. Label the following pictures adding the missing words. Describe the greenhouse effect:





3.8. Speak about:

- 1. The problems caused by the rapid scientific progress.
- 2. The impact of acid rains and ozone «holes» on the life of the Earth.
- 3. We live in community, so we can solve our ecological problems only working together.

3.9. Work in pairs. Think about your place. What could you do to make it more environmentally friendly? Add your ideas to this list:

- 1. Switch off the lights when leaving the room.
- 2. Use fewer photocopies.
- 3.
- 4.

Text B

Read the text and find out what problems are discussed:



Soil pollution damages the thin layer of fertile soil that is essential for growing food. Through careless treatment people greatly destroy soil.

They use fertilizers and pesticides to grow more and better crops. Fertilizers add extra nutrients to the soil and increase the amount of a crop that can be grown on an area of land. Pesticides destroy weeds and insects that harm crops. But pesticides may also harm helpful organisms in the soil. Humans and animals that come in direct contact with the pesticide take it into their bodies when they eat organisms that contain the material.

Solid wastes are probably the most visible form of pollution. People throw away billions of tons of solid material each year. Examples of solid wastes include abandoned tyres, refrigerators, cookers, cans and other packaging materials; and scraps of metal, paper, and plastic. Such solid pollutants are most common in the heavily populated areas in and near cities. Solid wastes present a serious



problem because most of the methods used to dispose of them result in some type of damage to the environment. When the wastes are put into open dumps, they ruin the attractiveness of the surrounding areas. Dumps also provide homes for disease-carrying animals, such as cockroaches and rats. Some solid

wastes can be destroyed by burning them. But burning produces smoke that causes air pollution. When wastes are dumped into water, they contribute to various forms of water pollution.



Some things that pollute the environment cannot be classified as air, water, or soil pollutants, or as solid wastes. They travel through and affect various parts environment. These pollutants of the include acid rain, noise. radiation, pesticides, and such metals as mercury and lead.

Noise is an especially troublesome pollutant in urban areas. People in and near cities are exposed to loud noise much of the time. The noise comes from airplanes, buses, cars, motorcycles, trains, trucks, construction projects, and industries. The noise causes much discomfort to people. According to certain data even a brief exposure to intense

noise can cause temporary loss of hearing acuity. Permanent loss of hearing may follow chronic exposure to high noise levels. Studies show that 37 % of rock musicians and 52 % of classical musicians have measurable hearing loss. Noise may be a factor in many stress-related diseases as well. In any case noise pollution is clearly a growing threat to our health and happiness.



Radiation is an invisible pollutant that can be highly dangerous. Nuclear radiation comes from radioactive substances, including waste from nuclear weapons testing and from nuclear power plants. Small amounts of electromagnetic radiation are produced by a variety of electronic devices, including computers, lasers, microwave ovens, televisions, and X-ray machines. Scientists have not determined exactly what effects small amounts of radiation have on people.

The Chernobyl accident which happened in April 1986 has seriously aggravated* the ecological situation in our country. Over 70 % of the radiation fell on the territory of Belarus.

A great damage has been done to the country's agriculture, nature and people's health. The people living in the affected areas have received the highest known exposure to radiation in the history of the atomic age.

The Government carries out examination and mass screening of the affected population to identify the medical conditions in a timely fashion which plays an important role in prevention, early diagnosis and successful treatment of Chernobyl-related diseases. According to the findings of several studies the incidence of thyroid cancer in children under age 15 has significantly increased. Other major Chernobyl's health effects include increased infant mortality in the contaminated areas mainly due to congenital anomalies (deformities) and diseases of the respiratory system, poorer general health of the population from the affected areas compared with the rest of the population as well as children's weak immunity. Progressive growth of skin cancer, hematological diseases and reproductive problems in the younger population after the Chernobyl accident is also alarming.

Some studies advance the hypothesis that exposure to radiation speeds up the aging process leading both to earlier ages for puberty and to reductions in life expectancy in general.

Note:

to aggravate = to worsen — ухудшать, усугублять

1. LANGUAGE FOCUS

1.1. Match the following words with their definitions:

1.	fertilizer	a)	unusable or unwanted solid products that result from
			human activity
2.	radiation	b)	a substance added to soil to make plants grow more
			successfully
3.	solid waste	c)	energy that travels through space in the form of waves or
			particles
4.	mercury	d)	a sound which is disagreeable or loud
5.	noise	e)	a silver, metallic, liquid element used in thermometers
			and barometers, symbolized by Hg.

1.2. Match synonyms:

1.	to increase	a)	to harm
2.	to damage	b)	to raise
3.	to decrease	c)	diversity
4.	variety	d)	to diminish
5.	attractiveness	e)	important
6.	essential	f)	contaminant
7.	pollutant	g)	dangerous
8.	heavily populated	h)	beauty
9.	harmful	i)	garbage
10.	waste	j)	densely populated

1.3. Complete the sentences with the necessary derivates given on the right:

Acid rain has become an serious problem.	increase
This forms when moisture in the air combines with	pollute
nitrogen oxide and sulphur dioxide. The between	react
and the chemicals produces acids. This	moist
returns to the earth in the form of acid rain, mist or	mix
snow. The acids pollute lakes and streams, resulting in the	
death of fish and the of drinking water. They also	contaminate
can harm crops and reduce the of soil.	fertile
It may even damage Acid rain is killing	build
forests in Canada, the USA and Europe.	north
every species of trees is affected.	near
In, acid rain pollutants may travel long	add
distances and fall to the ground far from its point of origin.	

1.4. Complete the following text with the English equivalents from the box:

contaminate, reduce, mercury, prevent, pollutant, environment, source, accumulate, improve, contained, cause, poisonous, harmful, lead, hazardous, eliminate, release, purposes, pollution

(Ртуть), lead are examples of heavy metals that are (опасные). They (загрязняют) the land, air and water. When released into the (окружающую среду) they enter the food chain and become concentrated. They can (накапливаться) in the environment.

Lead and mercury are naturally present in the environment and have been a (источник) of pollution for centuries. Today, regulations (сокращают) the release of mercury into the environment. But it is impossible to (уничтожить) the large amount of mercury already present in the environment, and it is difficult to (предотвратить) the (выброс) of mercury in all cases. For example, burning coal releases mercury into the earth's atmosphere and it is often used for various industrial (целях).

Like mercury, lead is a heavy metal and has been a (загрязнитель) for centuries. Oil companies added lead to gasoline to (улучшать) performance and burning gasoline is a major source of lead pollution. Another source of (загрязнения свинцом) is older paints. Earlier indoor and outdoor paints often (содержали) lead.

All heavy metals are (вредны) to human health. They are long lasting and can spread over large areas. Most heavy metals are highly (ядовитые). In large

amounts they can affect the human nervous system, (вызывают) blindness, and lead to death.

2. READING AND COMPREHENSION TASKS

2.1. Answer the following questions:

- 1. What are the primary soil pollutants?
- 2. Why are pesticides commonly used in agriculture?
- 3. Are agricultural products produced on polluted soils a real hazard to the consumer?
 - 4. Why do solid wastes present a serious problem?
 - 5. Where are solid pollutants most common?
 - 6. What invisible pollutant is highly dangerous?
 - 7. How can solid wastes be destroyed? What does burning cause?
 - 8. When do wastes contribute to various forms of water pollution?
 - 9. Why is noise an especially troublesome pollutant in urban areas?
- 10. What ecologically safe solution to the problem of waste disposal can you suggest?
- 11. What causes acid rain? List 3 possible harmful consequences of acid rain.
 - 12. What heavy metals are hazardous?
 - 13. What are the consequences of the Chernobyl disaster?
 - 14. What are the main Chernobyl-related health problems?

2.2. Make a vocabulary list under the following three headings: a) the causes of environmental change; b) the effects of this change; c) the measures to be taken against it.

2.3. Read the text and say what effects deforestation may cause:

Deforestation

All over the world, the forests are disappearing. This is not just because of acid rain or other type of pollution. People are cutting the trees down to clear land for growing crops and keeping cattle. Sometimes they want the timber for building houses and making furniture. Sometimes they simply need it for fuel.

People have always cut down trees to use their wood. But in the past, there weren't so many people. Now the trees are being used faster than new trees can be grown. Forests the size of Belgium are destroyed every year in the less-developed countries of the world. In 1987 alone, Brazil lost 20 million acres of forest. Even if new trees are planted, a hardwood tree, for example, takes many years to mature.

Trees give off oxygen and absorb carbon dioxide — fewer trees mean less carbon dioxide is absorbed. The burning of trees to clear forests also releases

more carbon dioxide into the atmosphere, increasing greenhouse gases. Deforestation has other effects as well. The tropical rain forests in central and South America, central Africa and south-east Asia are a particular cause for concern. Many species of animals and plants live in them, and if their natural habitats die, so will they. Many of our modern drugs have been developed from plants found in the forest. Friends of the Earth estimate that as many as one quarter of our purchases from chemists use substances that come from rain forest species. Many of the rainforest plants are being used in research for drugs to help fight against cancer.

Notes:

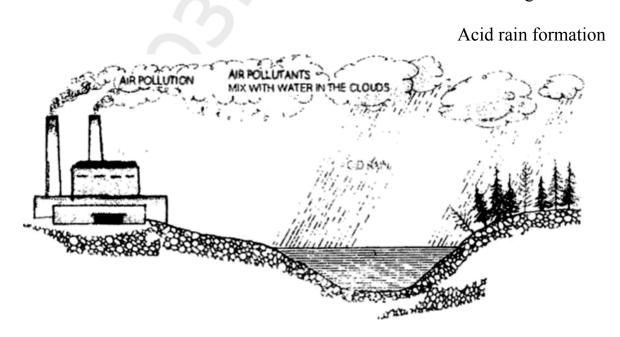
cattle — крупнорогатый скот; timber — древесина.

	Effects of deforestation
1.	
2.	
3.	

3. FOLLOW UP ACTIVITIES

3.1. Acid rain is a very serious problem. The figure below shows some of the sources and the effects of acid rains. Look at it and answer the following questions:

- 1. What causes acid rains?
- 2. How are they formed?
- 3. What is affected by acid rains?
- 4. What becomes polluted by them?
- 5. What sources and effects of acid rains are not shown in the figure?



3.2. Read the text and give answers to the following questions:

- 1. What factors determine human health?
- 2. Is our knowledge of the effects of environmental agents on health complete?
 - 3. What does the environmental impact on health usually depend on?
 - 4. What agents cause a risk at all levels?
 - 5. Why is human response to environmental factors not homogeneous?
 - 6. What may increase the risk of disease development?

Impact of Environmental Exposure on Health

Human health is determined by a number of factors including genetics, lifestyle, nutrition, socioeconomic status, access to adequate health care, and the environment. Environmental conditions are not always optimal, however, and populations may be exposed to a variety of environmental factors that may have a negative impact on their wellbeing. These environmental health hazards may result from natural causes and/or human activities.

Knowledge of the impact of various environmental factors on human health based on epidemiological and toxicological studies, is far from complete. In general, the severity of the impact on health is assumed to depend on the extent of the exposure and the corresponding dose of the environmental agent, but the precise dose-response relationship is often not known. For some environmental agents, doses below a certain threshold level are not harmful. Others, such as allergens, ionizing radiation and chemical carcinogens, are believed to have no threshold dose and to pose a risk at all levels of exposure.

Human response to environmental factors is not homogeneous in the population, since some subjects are more susceptible than others. This is obvious in the case of allergies, but a variation in response to carcinogens is observed as well. The source of the increased susceptibility may be genetic predisposition, but coexisting environmental or lifestyle factors are also known to influence the response.

In many situations a combination of factors may have a different or worse effect on health than exposure to each factor separately. Further, unfavourable environmental, social and lifestyle conditions coexist in some parts of society. People may have a poorly balanced or inadequate diet, be exposed to occupational hazards, adopt a harmful lifestyle (by excessive alcohol consumption or tobacco smoking, for example) and, at the same time, be exposed to one or more environmental hazards. This combination may increase the risk of disease development. For example, asbestos or radon appear to cause ten times more lung cancers in smokers than in non-smokers.

4. DISCUSSION

- 4.1. We must accept the dangers of nuclear energy as the price of progress, mustn't we?
- 4.2. If you were to make laws against pollution, what laws would you propose and why?
- 4.3. What do you think are the responsibilities of nature conservation authorities and voluntary organizations in our country? And what should they be?
- 4.4. Why are many people concerned about ecology today? Why do we say that every man should be environment-conscious and environment-educated?
- 4.5. Give examples of how our environment has been improved by man and how it has been disturbed.
- 4.6. «The worst enemy of man is man himself». Give arguments for and against this statement.
- 4.7. A member of the public movement «Ecology Project International» wants to know about the ecological problems in Belarus as much as possible. Explain why:
- a) environmental problems have become exceptionally topical in the country;
- b) it is necessary to take measures to protect the environment from industrial pollution;
- c) in many towns and cities the concentration of harmful substances in the air exceeds the permissible level severalfold;
- d) the environmental safety of nuclear and other power stations begins to assume paramount (great) importance;
 - e) power stations have adverse effect on the environment;
- f) people have become more sensitive towards the environment in recent years;
- g) Belarus is cooperating in the field of environmental protection with other countries;
- 4.8. You are invited to work in the commission on environmental protection. Suggest your own projects: What do you think should be done:
- to lower the concentration of harmful substances in the air of towns and cities?
 - to protect the environment from industrial pollution?
 - to stop the danger of environmental disaster?
 - to attract more public attention to environmental problems?
 - to keep the streets of towns tidy and clean?

- to prevent the adverse effect of power stations on the environment?
- to ensure nature conservation?
- to solve the problem of municipal wastes in urban areas?
- to develop international cooperation in the field of environmental protection?
- 4.9. Read this call to be a green visitor. Think of the points you would like to add to this list and give comments on them:

BE A GREEN VISITOR

- 1. Don't disturb wild animals, birds or flowers.
- 2. Take your litter home and recycle if possible.
- 3. Keep your dog under close control and don't take it out of the leash.
- 4. Buy locally produced goods, including souvenirs.
- 5.
- 4.10. Have you visited a beach in Belarus and seen it littered with plastic bottles, sanitary towels and food packets? It's not just ugly; it kills wildlife, poses a health risk and threatens tourism. What nationwide events would you organise to stop it?

5. PROJECT

5.1. Look at an anti-litter poster. Project your own nature protection poster. Defend your project and give arguments in favour of it:



5.2. Think over and suggest ideas which can be used by ecologists for improving the environment. Work in groups.

5.3. Try your chance in advertizing your idea. The advertisement should be laconic, clear and convincing. You can use the topic of: atomic energy, atomic power plants, gasoline (petrol) exhaust of automobiles, chemical fertilizers, forest fires, (the) production of weapons or any other idea of your own. Schemes or drawings are welcome.

ROLE-PLAYING

The international organization «Environmental Partnership» invites participants to exchange opinions on the problem «Man and Nature. What can we do to preserve it?»

Take part in the debates. Prepare your projects and reports.

Role-assignments:

- A₁ You are a scientist. You are in favour of all scientific discoveries changing the world. You are sure people will benefit from them.
- A₂ You are a nuclear scientist, the head of the nuclear power station, who thinks that it is impossible to advance without the development of nuclear energy.
- A₃ You are against the construction of a nuclear power station. Explain your position by giving information about the Chernobyl consequences.
- A₄ You look pessimistic at all inventions and fast changes and try to persuade participants that their effects may be disastrous.
- A₅ You are an American specialist on biosphere. You want to warn the public about the danger of air pollution and the threat of global warming.
- A_{6,7} You are the hosts of the round-table discussion. One of you conducts the conference, the other tells the audience about some of the activities of your organization.
- A_{8-12} Representatives of press, radio, TV.

(Think and suggest other roles).