

Arambawattage N.S.A.

SURGICAL INNOVATIONS IN CANCER TREATMENT: LATEST ADVANCES

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Modern surgical oncology is undergoing a rapid transformation driven by technological refinement and a more nuanced understanding of tumor biology. Robotic platforms represent one of the most significant shifts. Newer systems, including single-port and enhanced multi-arm consoles, transform the surgeon's movements into scaled, tremor free micro-motions, allowing precise dissection in anatomically restricted regions. High definition three dimensional visualization improves recognition of tumor planes and vascular structures, enabling complex resections through smaller incisions. These systems reduce operative trauma, shorten recovery, and maintain oncologic margins comparable to open surgery. Early integration of artificial intelligence further strengthens this trend: emerging algorithms analyze intraoperative video to highlight tissue boundaries, anticipate safe dissection planes, and compensate for respiratory motion, functioning as real time decision support during technically demanding procedures.

Intraoperative imaging has also advanced in recent years. Fluorescence-guided surgery using indocyanine green (ICG) has become a widely adopted tool for lymphatic mapping, sentinel node identification, and assessment of tissue perfusion. After administration, ICG binds to plasma proteins and emits near infrared fluorescence, allowing surgeons to visualize lymphatic drainage pathways and evaluate the viability of anastomoses. This reduces postoperative complications and improves staging accuracy. Real time imaging with ultrasound, CT, or MRI provides updated anatomical information during liver, brain, and retroperitoneal surgery, correcting for tissue shifts that occur once the operative field is opened. In select centers, augmented reality overlays align preoperative tumor maps with the surgical field, guiding resection margins with greater precision.

Organ preservation has also reshaped operative goals. Techniques such as segmental lung resection, nephron-sparing surgery, and oncoplastic breast procedures rely on refined imaging and meticulous dissection to remove tumors while maintaining structural and functional integrity. Reconstruction using microvascular free flaps or custom implants allows surgeons to achieve adequate margins without compromising long term quality of life, particularly in head and neck, sarcoma, and breast oncology. Surgery is increasingly coordinated with systemic and localized therapies. Neoadjuvant immunotherapy and targeted agents can shrink tumors, eradicate micrometastatic disease, and convert borderline resectable lesions into operable ones. Localized drug delivery systems further expand the interface between surgery and pharmacology. Intravesical drug removing devices, for example, release therapeutic agents directly into the bladder over extended periods, maintaining high local concentrations while minimizing systemic toxicity. These platforms function as sustained release systems and may reduce the need for radical surgery in certain high risk lesions.

In conclusion, these innovations provide a clear shift toward precision, personalization, and functional preservation in cancer surgery. Advances in robotics, imaging, organ sparing techniques, and integration with systemic therapies have redefined the role of surgery within cancer care. As these technologies continue to mature, surgical oncology is evolving into a discipline that balances technical excellence with biological insight, aiming not only at for cure but for meaningful long term quality of life.