

Suicide: signs, causes and prevention

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Introduction

Suicide is a topical problem as it is the second leading cause of death for 15 - 24 year olds, and third for those aged 15-44 years. Over 800,000 people die by suicide every year. There is one death by suicide in every 40 seconds worldwide.

Aim

To determine the signs, causes and prevention of suicides.

Materials and methods

Collecting and analyzing the data from native and foreign medical sources, CDC and WHO sites, internet resources, scientific papers.

Results

Suicide is not such an impulsive action as it seems. Depression is a major precursor of suicide, which demonstrates itself through feelings, thoughts and behavior . We can treat people with suicidal ideation and reduce the number of deaths from suicide. The knowledge of simple instruction of what to do with suicidal attempts can help you save someone's life.

Conclusion

1. Suicidal thoughts are not spontaneous, they are due to different factors and require time to develop
2. Suicidal intents can be and must be prevented.