Pankratov A. V., Zherko I. Y. HOW TO BECOME A DOCTOR IN THE USA AND UK

Scientific supervisor senior lecturer Menjinskaya-Voitova A. V.

The Department of the Foreign Languages Belarusian state medical university, Minsk

Many people have dreams of becoming a doctor and saving lives, but the training required to accomplish this goal is extremely rigorous. It will take nearly a decade, and it is incredibly stressful.

Our goal is to describe the most important steps on the way to success.

Step 1 Preparing in High School

All you need is to get good grades, volunteer if you can. A good score on the ACT or the SAT, in combination with excellent grades and volunteer experience will be hard for a good four-year college to turn down.

Step 2 Going to College

You must choose the college that most speaks to you. To find the right college for you, consider academic reputation, size, distance from home, location, cost, and, of course, their academic program. Take classes in all sorts of different subjects. In order to get into medical school, you will not only need excellent grades, but you will also need to demonstrate that you are a responsible, well-rounded person. Through your community service record, show that you enjoy helping people.

Step 3 Going to Medical School

If you live in USA take the Medical College Admissions Test (MCAT), or if you live in the UK, take the UK Clinical Aptitude Test (UKCAT) and the BioMedical Admissions Test (BMAT) and choose which kind of medical school you want to attend. During the first two years in the medical school, you will be learning the fundamentals of the medical sciences. During your third year, there will be 1-2 months of each of the major medical specialties, known as rotations. In your fourth year, you will take electives based on your preferred specialty.

Step 4 Becoming a Licensed Doctor

You must decide on your specialty. Get "matched" to a residency program. Expect to spend at least three years doing your residency where for the first year you are an intern. Once you are doing with your residency, you have the option to take your final boards, where you will be a licensed doctor all on your own.

Step 5 Being Right for the Job

Simply put, becoming a doctor is a ''lot'' of work. Have a natural flair for the sciences. If you want to be a good doctor, people skills have to be in your repertoire, too.

You see, there are many differences between our system of medical education in our country and in the UK and USA. We have compared both of them in our work and revealed their essential features.