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BMS AS INTERDISCIPLINARY PROBLEM- PRELIMINARY STUDY

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Introduction: Burning mouth syndrome is defined as a chronic pain syndrome concerning a tongue and oral mucosa. Despite the characteristic symptoms, pathogenesis of this disease remains unknown.

Aim: The aim of the study was assessment of factors causing BMS.

Materials and methods. The study included 61 patients (aged 47-88), who had undergone thorough interview with a particular emphasis on the present and a history of ailments and general diseases, medications (survey). Clinical examination was performed with basic diagnostic instruments. Close attention was paid to appreciation of the oral mucosa, teeth and existing prosthetic restorations.

Results. All patients reported similar subjective complaints included feeling of burning and stinging, 27 patients admitted the presence of oral mucosa disorders. 47 of them used removable partial dentures. Systemic diseases, disorders connected with stressful situations were diagnosed with all patients. They also used one or more medications.

Conclusion. BMS has a complex etiology, what hinders treatment and requires interdisciplinary treatment. Before implementing therapeutic management one should diversify between original and secondary BMS. Close attention should be paid to the patients medications and general comorbidities. It is important to collect detailed psychological interview. The elimination of local factors is essential.