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**STUDY OF THE PSYCHOLOGICAL STATE OF MEDICAL PERSONNEL OF  
HOSPITALS**

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**Introduction.** Professions related to the type of "man - man" are considered the most difficult from the point of view of psychology. The worker of such labor is constantly in intensive and emotionally loaded contact with the client in the provision of professional assistance. In medical practice, everything is aggravated by the fact that stress is added to the emotional load.

**Aim.** To analyze the psychological state of medical personnel in hospitals, the severity of the depressive state and the level of their emotional burnout.

**Materials and methods.** Beck depression questionnaire and method of diagnosing the level of emotional burnout (V.V. Boyko). Processing was carried out using general statistical methods (mode, median, arithmetic mean, correlation analysis method, standard deviation).

**Results and discussion.** According to a study, it was found that 7.3% of the people surveyed had mild signs of depression. These include: intolerable sadness or sadness, loss of interest in people, a sense of hopelessness in the future, difficulty in making decisions, the need for additional efforts to do something, acceleration of fatigue. The remaining 92.7% have no signs of depression. In addition, it was found that there is no correlation between depression and signs of burnout syndrome. Therefore, the participation of this syndrome in the development of depression is absent.

According to the research of medical staff for the presence of burnout syndrome, it can be said that 7.2% is in the initial phase, 56.3% in the intermediate phase and 20% in the last phase.

Statistically processing each of the phases, the following results were obtained. In the voltage phase, the arithmetic average is 34.2, which means that this phase is not pronounced for most individuals. The standard deviation corresponds to a value of 16.29.

In the phase of resistance, the arithmetic average is 63.3, therefore, in most subjects, this phase is expressed. The standard deviation is 17.4.

In the depletion phase, the arithmetic average is 44.8, therefore, for most of the subjects, this phase is moderate. The standard deviation is 17.9.

**Conclusions.** Studies conducted within the framework of this cohort showed that the level of the depressive state is only at 7.3% above the average.

Paying attention to this problem makes it possible to prevent the increase in symptoms of psychological diseases, timely diagnosis and assistance to this circle of people. Psychological health of doctors and nurses is one of the components to improve the provision of medical services, as well as long-term performance, both in the short term and in the future.