

Baranovskaya E. D.

TRADITIONAL APPROACH TO HEALTH CARE PORBLEMS

Scientific Supervisor: Tikhonovitch I. I.

The Department of Foreign Languages

Belarusian State Medical University

Relevance. Traditional medicine attracts the full spectrum of reactions, starting from uncritical enthusiasm to uniformed skepticism. According to WHO data, traditional medicine is widely spread in the developing countries and gains popularity in the developed world. I am sure the topic is of great relevance as health professionals in many countries, in case they admit its application, are involved in the discussion of its safety, efficacy, quality and availability.

Purpose: make a survey of articles related to the most unusual alternative methods of treatment and find out medical students' attitude concerning the traditional methods of treatment.

Materials and methods. Search and select the data in the global network, make their statistic analysis, compose a questionnaire for a survey among medical students.

Results and its discussion. Traditional medicine applies various methods practiced across many cultures for several generations, including widely recognized acupuncture, reflexology and herbal therapy. According to the survey findings medical students do not know too much about them, but since WHO pays attention to such methods due to the increased tendency in their application I think it will be useful to be familiar with them more closely.

Conclusions. It is desirable for medical students to gain knowledge about the existing methods of traditional medicine to be able to express their reasonable opinion about their application and thus be very cautious while recommending them to others.