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UNCOMMON CAUSE OF A CHRONIC URINARY RETENTION IN A 49-YEAR OLD PATIENT

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Urinary retention is a general issue that usually affects elderly men. It is a complete or partial inability of micturition in an exact amount. Reasons for this issue may be infectious, inflammatory, iatrogenic, oncological or neurological, but usually it is caused by a benign prostate hyperplasia (BPH) – 53%. The enlargement of this gland becomes an obstacle to the outflow of urine. However, this case shows that BPH isn't the only lesion that can cause urinary tract obstruction.

49 year old patient was admitted to the Department of Urology of the University Clinical *Hospital* in Białystok due to the inability of urination. He had been asked for the possible source of this affliction, but the interview did not reveal anything worrying in his medical history. Nevertheless during a precise physical examination doctors noticed a pathological, uneven change on his penis and scrotum with dimensions of 60x30mm. Following the examination, the patient admitted that about 12 years ago he underwent a non-medical procedure of penis augmentation through injection of paraffin. It turned out that the injected substance moved and put pressure on the spongy urethra, what precluded urination. The alteration was excised and there weren't any complications during the postoperative period.

Firstly, this case shows us, that not always the most popular affliction is the one, which cause the problem. Secondly it is really important to conduct a precise physical examination, even though the disorder may seem to be obvious. And thirdly it is crucial to talk with patients, and scrupulously take a medical history.