

Borovik E.D., Orarey A.A.

**THE INFLUENCE OF KINDERGARDEN DEVELOPING ACTIVITIES
ON CHILDREN'S MENTAL AND PHYSICAL STATE**

Tutor: senior teacher Menjinskaya-Voitova A.V.

Department of Foreign Languages

Belarusian State Medical University, Minsk

Relevance. The process of infant's development in sphere connected with studying, acquiring necessary skills, evolution and improvement of high mental functions is based on two components: visual and acoustic perception and the following reproduction. Everything a child is being taught during it's growth can be considered as an imitation. Drawing, music, modeling, applique, studying (reading, counting) classes as well as playing time, outside walks have a huge impact on children's development.

Aim: to analyse the influence of kindergarten activities on children's mental and physical development, to compare the difference between developing social skills among peers in preschool educational establishments and those of children who don't attend kindergarten.

Materials and methods. Scientific studies and articles were reviewed. A survey was conducted among parents of kids, attending kindergarten and their teachers.

Results and their discussin. A survey was carried out among 100 parents of children at the age of 3 to 6 years. According to the results, it turned out that mostly breakthrough in children's development was seen since starting attending kindergarten as kid changed his usual surrounding environment and began to expand his physical and mental abilities. When a child gets acquainted with the society of new kids he starts to repeat actions and replay dialogues, what is one of the features of mental child's development. Memory training, modeling, drawing, reading help a kid to evolve general and specific skills and promote further work with mental abilities.

Conclusion: the role of kindergarten in children's growth is indispensable and imitation of family members actions is usually insufficient. Different kinds of activities are aimed at development of different brain regions. Drawing classes help child to develop it's imagination and creativity while modeling and applique also improve fine motor skills. Music classes make children closer to art, develop an ear for music and acquaint a child with different genres of music. Furthermore, these classes promote a sense of rhythm and teach how to listen to the music and another people. Reading expands vocabulary and trains memory, teaches how to communicate intelligibly, how to express their thoughts and emotions due to the expanded vocabulary. On counting classes children learn numbers and know how to count items. During playing time children socialize and solve problems together.